

My Companion, Darkness

Psalm 88

Introduction:

- A. Many psalms are filled with praise for God and His Word.
- B. However, 1/3rd of the book of Psalms are psalms of lament.
- C. Psalm 88 is possibly the darkest, and stands in stark contrast, with virtually no hint of hope in its despair.
- D. Today, let's consider how to respond when darkness is our companion.

Discussion:

I. A _____ To _____

II. _____ In _____

III. _____

You have caused my beloved and my friend to shun me; my companions have become darkness

~Psalm 88:18—ESV~

Word List:

Darkness	Overwhelmed
Drowning	Prayer
God	Questioning
Light	Sorrows

Scriptures:

1 Chron. 6:33; 25:5
1 Kings 4:29-31
Isaiah 53:3
John 12:27
Matthew 26:38
2 Timothy 4:16

Today's songs:

Notes:

Favorite song:

IV. _____

You have caused my beloved and my friend to shun me; my companions have become darkness
~Psalm 88:18—ESV~

V. There IS _____ In The _____

Word List:

Darkness Overwhelmed
Drowning Prayer
God Questioning
Light Sorrows

Scriptures:

John 1:1-5
Psalm 73
Revelation 21:4
Job 2:11-13

Notes:

Conclusion:

- A. If you are experiencing grief, sorrow, despair, or depression, know that you are not alone.
- B. If you have never experienced the Light that shines in the darkness, why not today?